



Dutch Community News

Dutch Society

NEERLANDIA



Official Publication for the Dutch Community in Western Australia



Dutch Aged Care



ANSWA



Dutch Community Radio

Perth WA

December 2015 - January 2016

Volume 47 Issue 10



Interesting statue in **Katwijk**, South Holland, titled: "**Demolition Evacuation and Reconstruction**" and it refers to Katwijk during world war 2. This statue is a true reflection of what is occurring to us at Neerlandia. Our members will vacate the Clubhouse and will relocate to the RDC. The Clubhouse most likely will be demolished for development, but rebuilding elsewhere is on the cards. More on the town of Katwijk on pages 24 and 25.

Social functions calendar & Clubhouse contacts

Important: The entries below are an indication only of what events are planned during the coming months and the information given may not always be accurate and could be subject to change.
For up-to-date accurate information, **always** refer to the larger function advertisements inside this paper or the posters displayed in the clubhouse.

Upcoming Functions to be held in the Neerlandia clubhouse or in other venues as shown:

Sun 29 Nov	<u>"Saint Nicholas for the Children"</u>	Noon
	(Additional details on page 22)	
Thurs 3 Dec	<u>"DJVV Meeting (fortnightly)"</u>	Shop open
Sun 6 Dec	<u>"Sunday Klaverjas Drive"</u>	11.00 am
	(Additional details on page 23)	
Tue 8 Dec	<u>"Tuesday Bingo"</u>	11.00 am
	(Additional details on page 9)	
Wed 9 Dec	<u>"Wed Card Club Wind-up"</u>	10.00 am
Thurs 10 Dec	<u>"Card Club Neerlandia Wind-up"</u>	8.00 pm
Thurs 10 Dec	<u>"DJVV Christmas Lunch"</u>	10.00 am
Sun 13 Dec	<u>"Christmas Concert"</u>	11.00 am
	the Dutch Singers and Guests	
	Additional details on page 10	

Please Note: The Neerlandia Clubhouse will be permanently closed after the 13th of December!

All activities will resume at the Rhein Donau Club from February 2016.

Full details will be published in the next magazine, which is due towards the end of January 2016.

Clubhouse Address:

230 Cambridge Street,
Wembley WA 6014
ABN: 33 211 869 383

Postal Address:

P. O. Box 200,
Wembley, W. A. 6913

Clubhouse Contact:

Tel: (08) 9381 3738

Fax: (08) 9388 0848

Email: neerlandia@iinet.net.au

Webpage:

www.dutchclubwa.com

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Private Members Parties:

Due to the closure of the Neerlandia Clubhouse, private parties will no longer be held or booked.

President's report at the October AGM



President's Report.

During last month's AGM, someone asked how the Committee can see a future for the Dutch Club: A question based on the facts that just about all of the current activities are practiced

by seniors.

I was pleased this question was asked, as it gave me the opportunity again to explain to you how the Committee sees the future and how you can be a part of this future.

As we know and expected, Neerlandia is experiencing a decline in membership. The numbers that the Club loses through natural and other causes is not replaced by the same amount of new members. This is, as previously explained, due to a change of expectation of Club life and a changed life style amongst the younger Dutch migrants. Over the last two years I have learned that membership of our club has four age groups: The traditional and founding Club members, the baby boomers, young families and Generation Y. These four groups live a parallel existence within the Club and other than during End of Month Drinks, they hardly ever meet. The groups know of each other but don't interact together, as the interests differ.

Over the years, activities organized by the Club for its Members have been predominantly concentrated on the traditional members, thereby neglecting the needs of other age categories. This of course doesn't encourage active membership. When considering membership of any Club the question is always: "What's in it for me?"

Until now there has been little in it for those people who don't play cards or who are too young to join DJVV.

One reason for not having suitable functions for the various age groups was partly due to shortage of volunteers and partly due to lack of connecting with the other than the traditional members.

Now that we are on the threshold of a new era for Neerlandia, with new possibilities, we thought that the social calendar should be an important part of the reinvention of the club. However, to make a social calendar, with events that attract all ages, we

realized that we needed more than one social secretary. In fact what we needed was a social secretary for each of the four groups.

To my relief, we found three ladies happy and interested to assist and to be actively involved with the organization of a variety of functions. A fourth person is currently considering the position.

The four social secretaries will liaise between Neerlandia Members, the Committee and RDC's Entertainment Manager.

With this in mind and, after discussions with the social secretaries, Marlene Porzig, President of Rhein Donau Club and myself spent a lot of time developing a social calendar for 2016.

New on the social calendar are scheduled Kids' Activities and a few workshops that will be interesting for and appealing to all Members and future Members.

Certain functions will be heavily sponsored by Neerlandia and although these functions will welcome guests, only financial Members will benefit from this sponsorship.

Again, we believe that this 2016 Social Calendar is of interest to all current Members and with your feedback and with your support, the social calendar will improve each year thereby attracting new Members so that Neerlandia will always have a steady and lively membership, enjoying contemporary club activities.

Lianna.

Reflection and Best Wishes.

In this sometimes mad world let us remember for one minute the Neerlandia Members who passed away and those, now too old, to visit the clubhouse any longer.

For one minute let us stand still to count our blessings as we reminisce our family and friends, our grandchildren - our being here.

On the threshold of another new year and in the middle of this seasonal madness, I would like to, for one minute, think of you.

From the bottom of my heart I wish you wellness and contentment for the year to come. Whatever your circumstances, may 2016 treat you well.

Merry Christmas & A Happy New Year to all.

Lianna Parker
President

De Kookhoek

Discover Holland's best kept secret: Its food! Our Cuisine is not well known but nonetheless exciting, flavourful and full of history. The Dutch Table is the most extensive online resource for traditional Dutch food recipes and it is growing weekly. Become a Follower, and like the page on Facebook for additional updates, discussions or exciting food news!

Boterkoek (Buttercake)



The Dutch Buttercake consists of hardly anything else than butter, sugar and flour. Just for giggles, lemon zest, salt and vanilla is added, but the main ingredients are those three key players in the Dutch baking world. Buttercake is just like it sounds: A dense, buttery, sweet cake that sticks to your ribs. And there's nothing wrong with that!

Do make sure all the butter is incorporated into the dough, or it will leave small air pockets in the cake as the butter melts. It's not going to make it taste any different, but it just looks better.

Boterkoek is usually baked for fifteen minutes, but it's one of the trickier cakes to gauge when it's done. As soon as the top starts to color and the sides are slightly dry, it will be ready: You want the inside to still be fairly soft but baked. If you bake it too long, the taste will still be good but the cake will be dry and dense. Nothing wrong with that, and everybody likes their boterkoek a certain way, so you will just have to give it a try and see. Fifteen minutes usually does the trick, but if the middle is still wet, bake it a little longer. After you take the cake out, it's cooled and cut into small squares or narrow slices. It really doesn't lend itself too well for large pieces: It is a heavy cake that is best eaten in small amounts.

It can be baked in its original format, or filled with mandelspijs (Almond Paste). Divide the dough in half, press one half in the pan, spread the almond paste, then cover with the second half of the dough.

Boterkoek Ingredients:

225 gr of cold butter

2 cups of flour

3/4 cup of sugar

1/8th teaspoon salt

2 eggs

1 vanilla bean

Lemon zest from one lemon

Mix the flour with the sugar, the salt, one egg, the seeds of the vanilla bean and the lemon zest. Cut in the cold butter, then knead the dough until it all comes together.

If the dough gets too sticky, wrap it in plastic film and refrigerate it briefly.



Butter a 9 inch Boterkoek tin, pat the dough into the pan and make sure the top is even. Make markings with a fork as in the first picture, beat the second egg and brush the top of the cake with it, then bake in a 180C oven for about 15 - 20 minutes. Keep an eye on it, and as

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soon as the sides begin to pull away and toast, it's ready.

Let the cake totally cool before cutting it into narrow slices or small squares.

Source: (met toestemming van) Nicole Holten, The Dutch Table [http://](http://www.thedutchtable.com)

© The Dutch Table

www.thedutchtable.com

De boekhoek.

Suzanne Vermeer

Sneeuwengelen

.W. Bruna Uitgevers - € 15,00 - ISBN 9789400506374

Een vriendinnengroep, die elkaar nog uit het studentenleven kent, sluit een pact nadat een van hen sterft. Dan slaat het noodlot toe. AZe waren met z'n zessen en kenden elkaar uit het Leidse studentenleven. Een hechte club meiden die lief en leed met elkaar deelden, en die elk jaar samen op wintersportvakantie gingen. 'De sneeuwengelen' noemden ze zichzelf. Succesvol in hun werk, niet altijd even succesvol in de liefde, en de wereld leek aan hun voeten te liggen. Totdat een van hen kwam te overlijden...

De dood van Daphne komt keihard aan in de groep, maar tegelijkertijd maakt het de band tussen de vrouwen nog sterker. Ze sluiten een pact en beloven elkaar dat ze altijd voor elkaar zullen zorgen, zoals ze ook voor hun vriendin hadden gezorgd toen zij ziek werd. Dan slaat het noodlot toe. Een ongeluk, niemand weet precies hoe het heeft kunnen gebeuren. Maar bepaalde zaken kloppen niet. Was er misschien opzet in het spel? Maar waarom? En wie zou er dan achter zitten? Langzaam maar zeker komen er barstjes in wat de perfecte vriendinnen groep leek te zijn.

A UNIQUE OPPORTUNITY TO COMMEMORATE DUTCH HISTORY

DAF group together for Dirk Hartog 2016 year.

In October 2016 it will be exactly 400 years since Captain Dirk Hartog landed on Cape Inscription (Dirk Hartog Island) in his Dutch VOC ship, The Eendracht. This event marks the beginning of a long and happy relationship between the Netherlands and Australia and you can be part of these celebrations.

Dirk Hartog was the first European to map the West Coast of Australia. On Cape Inscription he left a plate on a post with his name and the date: 25 October 1616.

The original plate is exhibited in the Rijksmuseum in Amsterdam and you can see a replica in the Shipwreck Gallery in Fremantle.

The DAF (Dutch Australia Foundation Perth) is a group of Dutch people that came together to organise festivities for 2016.

Within DAF, a special group has been set up for the purpose of investigating how we can involve not only children but also adults in the scheduled celebrations.

This special group consists of the following contributors: Ester Vos-Poiesz from Leewin Ocean Adventures Foundation, Ionica Lub of



LanguageOne in Perth, Artist Moneir, Wilna Cornelisse former director of Perth's LanguageOne, Dutch Honorary Consul Arnold Stroobach and Elly Spillikom of Duyfken 1606 Replica Foundation. DAF is now looking for sponsors to ensure the success of the planned events.

If you are interested to sponsor DAF, or if you would like to find out more about DAF, we would like to invite you to register your support.

DAF will publish its contact details on the following website:

<http://www.dirkhartog2016.nl>

End of Month Drinks

October End of Month Drinks.

One of our Members had warned us that when he and his mates from Delft University came to the October End of Month Drinks, we needed to have lots of beer. He was right.

The hall turned into a Dutch Bar and the atmosphere was absolutely brilliant. Noise, laughter and good cheer. Needless to say that the kitchen and the bar did a good trade that night.

Thank you to Charlie and his guests.

You surely made an effort and never before a group drank our fridges empty and filled all our glass bins!

The pictures tell the story

Also a big thank you to all the volunteers who came to help us out in the kitchen when "Ons Ger and Louis" couldn't make it.

Great stuff everyone.

Lianna



The boys from Delft in Full Swing.



EoMD Attractions.



Barry & Piet.



Pepernoten a.u.b.



I've got this game under control.



A budding cashier, our future is OK.

End of Month Drinks



Kid's corner.



Loeki & Friend.



New Committee Member Eric & his family.



Jack loves his Fricandellen.



Marieke organising the Zwarte Pieter.



Lianna, Eveline and Inge.



De fridge was empty.



But three recycling bins were full.



Full House.

Dutch Aged Care Advertising & Upcoming Events



Introducing a new individual in-home support service that's also 20 years old.

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To reflect this change, we're now called CURA and we have a brand new logo.

To find out more or arrange for an obligation-free visit from one of our Care Team simply call (08) 9382 1983.



Toen en Nu

De keuken uit mijn kindertijd was altijd vol met mensen.
Er stond 'n warme kachel in, wat had je meer te wensen?
De was hing er te drogen en de worst aan een spijker.
De koffie stond te pruttelen, waar was het leven rijker?

We zaten in ons keukentje met negen man te eten.
Met soep vooraf en pudding toe, ik zal 't nooit vergeten.
De afwas was het ergste niet, dan stonden we te zingen.
Een grote zinken teil, dat was ons bad, er waren ergere dingen.

De keukenmat werd opgerold, want vader kwam van de markt.
Met armen vol met groenten, we hadden weer te eten.
Brood was er altijd op de plank en een varken in de kelder.
Was 't vuil dan ging de dweil erdoor en alles was weer helder.

De keuken van onze kinderen, staat vol met apparaten.
Het nieuwste van het nieuwste.
Maar je kunt er niet mee praten.
De was zit in de droger, in de vriezer zit het eten.
Het is ongekende luxe, als ik niet beter had geweten.

Ze eten in het keukentje, ja met wie dat toch verzon?
Een twee minuten maaltijd, zo uit de magnetron.
De afwas die gaat in 't machien, daar zitten ze niet mee.
En zingen dat hoeft ook al niet meer, ze draaien een cd.

Geen teil meer, maar een bubbelbad, 'n auto voor de deur.

Wie nou niet tevreden is, dat is een ouwe zeur.
Wij hadden al die dingen niet, maar toch wel ietsje meer.

Een kostbaarheid in 't leven, gezelligheid en sfeer.

IN LOVING MEMORY

Passed away on the 19th of November 2015

Sjaan Egberts (97)

One of our original members, who has resided in a nursing home for many years.

Our sincere condolences Bettina, Cor and their families,
from the Neerlandia Card Club
and the Dutch Society Neerlandia



May She Rest in Peace.

Bingo at Neerlandia



B I N G O - T U E S D A Y - B I N G O

PLEASE NOTE: Tuesday the 8th December!!!

Game Starts at 11am - Doors open at 10am

Bingo games are a great way to relax and to catch up with other people, whether they are members or friends, they all like to win and have fun!!!!!!!!!!!!!!

SO JOIN US AT THE LAST BINGO SESSION

OF THE YEAR, SHARE IN THE FUN AND LAUGHS AND WIN SOME MONEY AT THE SAME TIME, MAY BE EVEN THE JACKPOT!!!!!!



Bingo Game on Thursday the 29th of October.

12 players joined in the fun, including one new player, Maria Brynjulfsen, a Swedish lady, who won plenty of prizes on her first attendance.



Bingo Game on Thursday the 12th of November.

With only 6 players, including Frida Hovingh's sister, Dorry Tonkes from Bunbury, we still had a lot of laughs and fun.

BINGO BULLETIN *From your friendly Bingo organisers*

We again had a good turn up on the 29th of October, when 12 people found their way to our Clubhouse, to enjoy each other's company and play Bingo. We welcomed a new player, Maria Brynjulfsen, a first time player, and she did very well on her first attempt and is keen to become a regular player. Our top winner for the day was **Nellie Stapelbroek**, who collected a total of **Sixty-one dollars**. She could not stop smiling and got very excited by the end of the game. At the 12th of November game we had only 6 players, because half of our regulars were having a whale of a time on a holiday in Busselton. With the Bingo season for this year ending on Tuesday the 8th of December, we would like to inform you, our regular Bingo players and also any future players, that we are making plans for next year, after the move to the Rhein Donau Clubhouse, although those plans are not finalised as yet. One thing is for sure and that is that instead of the 12 games we have been playing, with a Bingo book cost of \$24, we will be playing 10 games with a Bingo book cost of only \$18. We are sure that when we are able to announce the full details of the Bingo activity for 2016 in the February Neerlandia Magazine, you will be as excited as we are.

SO ENJOY A MERRY CHRISTMAS AND A HAPPY, HEALTHY NEW YEAR.

Henk Oorschot and Louis James.

The Dutch Singers



Christmas



Variety



Show



On Sunday, 13th December 2015 at 1:00pm.

Venue: Neerlandia Club House, 230 Cambridge Street, Wembley

Tickets: Members \$12:00, Non-Members \$15:00 Includes coffee or tea.

Hungry? Various “belegde broodjes” available. Purchase by ticket at the door.

For entrance tickets contact:-

Alida Reitzenstein ☎ 041 799 4813, 📧 alreitzenstein@iinet.net.au

Gerry Creemers ☎ 041 6276 016, 📧 gerrycreemers@iinet.net.au

Doors Open at 11:30am

Fabulous Raffle Prizes



Members Birthdays

The following Members will celebrate their birthday during **the month of December 2015**. We wish them all a very **Happy Birthday!**



Pieter	Leeflang
Anthonina	Butler
Ineke	Baldé
Sylvie	Huveneers
John	Maarssen
Henk	Sijbranda
Gerard	Schoonens
Ray	Schaafsma
Sigrid	Miller
Henri	Koldenhoven
Yolanda	Wegman
Mies	Devilee
Marieke	van den Berg
Martin	van Rees
Catharina	Niemann
Desiree	de Graaf
Ludwig	Reitzenstein
Janke	Raayen
Gerard	van Boeyen
Brigitta	Weel
Robert	van Straalen
Mark	Hooghwerff
Henny	van Heumen
Thea	Bloks
Mariska	van Waaienburg
Wilma	Mitchell
Thea	Gorter
Mieke	van de Velde
Irma	van der Kwast

The following Members will celebrate their birthday during **the month of January 2016**. We wish them all a very **Happy Birthday!**

Alex	Udinga
Robert	Wilson
Theo	van Pelt
Joanne	Viersma
Ineke	van Wel



Doreen	Westerduin
Anne	Voorn
Gerry	James
Nel	Bouwman
Annetje	Boersma
Marianne	Robinson
Peter	Bouwman
Ton	van Doorn
Tilly	Stulcbauer
Tonda	Pouw
Corrie	van Ryt
Miep	Boekelman
Carolien	Evans
Jenni	Berg
Barrie	Parker
Thea	Young
Zoe	Chaudron
Roy	Chase
Aleksej	Grimm
Peter	van 't Westeinde
Ben	Hovingh
Hanny	Kamps
Riet	Heyman
Diana	De Jong
Tinie	Cameron-Hoogeveen
Murray	Koedijk
Willem	van der Heiden
Leny	Wolfs
Frank	Indrisie
Anna	Gerritsen
Jan	Kalkhoven
Rick	Berg
Arron	Metcalf
Dirk	Verboon
Jan	de Geeter
Jack	Vermeulen



If your birthday is not mentioned or the details are not correct, this means that we have the incorrect data entered in our membership database. Or you may wish that your birthday is not mentioned at all.

To make changes to the above you need to send an e-mail to the following:

Membership Administration
E-mail address:
neerlandia@iinet.net.au

Neerlandia September 1972

ONS CLUBGEBOUW NU OF NOOIT!

Leden van Neerlandia, het is inderdaad nu de tijd voor de aankoop van het gebouw in Wembley.

Iedereen kan, als men er zich voor interesseert, dit gebouw gaan bekijken. Dit gebouw is uitermate geschikt om ons een tehuis te geven.

De Voorzitter Henk Greve en and Secretaris Piet Leeftang hebben uren besteed om bij de Swan Migrant Association om allerlei inlichtingen te verkrijgen. Deze Association is namelijk ongeveer 1 jaar geleden in een eigen gebouw getrokken.

Zij hebben met minder geld in kas en een club opgebouwd die klinkt als een klok.

Wat anderen kunnen, kunnen wij ook, daarom vrienden, leest het hierna volgende zeer aandachtig door.

Zoals U al hebt kunnen lezen, geeft Neerlandia debentures van \$100.-uit, welke 6% interest per jaar voor U zullen opbrengen.

De debentures lopes over een tijdperk van 5 jaar. Dus U investeert Uw geld voor 5 jaar, waarvoor U dan 5 x 6% terugontvangt boven Uw \$100.--.

Dit geld wordt in een Trust Fonds gestort en kan alleen worden gebruikt voor de aankoop van een gebouw.

Dus met andere woorden, het geld is in een Trust Fonds of wordt omgezet in een gebouw. Wij kunnen dus Uw geld niet voor andere doeleinden gebruiken.

Donaties, groot en klein zijn natuurlijk ook welkom.

In ieder geval, er is een mogelijkheid voor iedereen om een steentje bij te dragen.

ONS LAATSTE BOD IS GEACCEPTEERD!

De KYEEMA LODGE is aan Neerlandia verkocht voor \$80.000. Wij beseffen heel goed dat de kans om dit bedrag in zijn geheel bij elkaar te krijgen in een paar weken een onwerkelijke droom is.

Dit is ook niet nodig. Wat wij wel nodig hebben is een flink deposit. Dan kunnen wij er op uit om de rest te lenen. Om een voorbeeld te noemen; het is mogelijk om een flink bedrag los te krijgen b.v. bij de Bank of de Building Society.

Het is nu de tijd om te kopen. Hetzelfde gebouw was een jaar geleden niet te koop voor niet minder dan \$145.000.

Begrijpt U nu dat het NU de tijd is om spijkers met koppen te slaan?

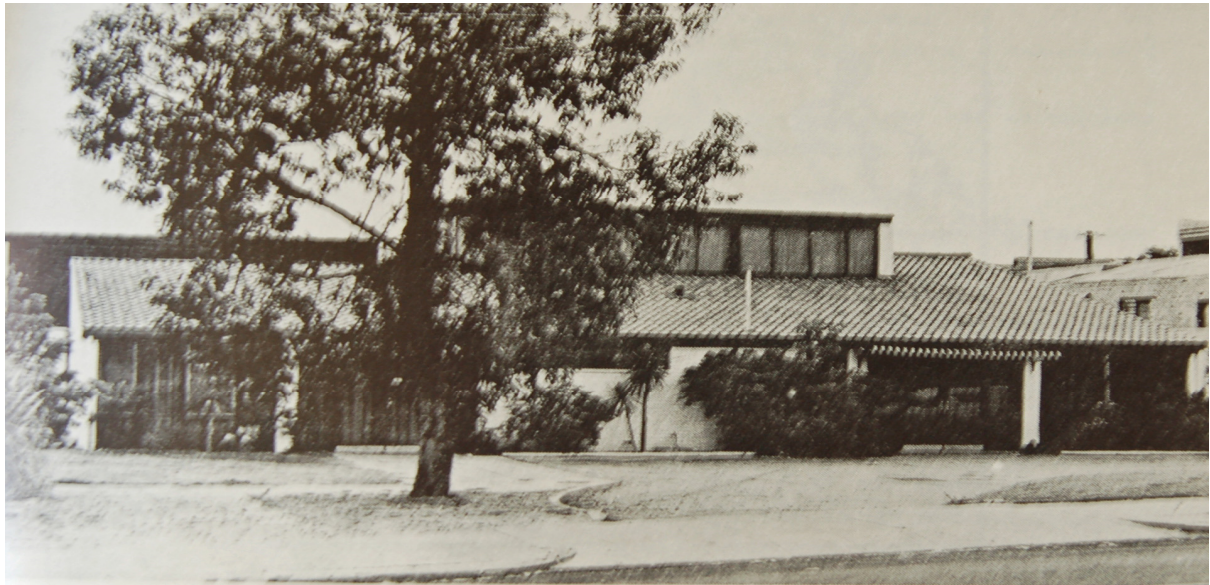
Laten we dus afspreken, we zien U allen a.s. Zondag 10 September in de KYEEMA LODGE in Cambridge street Wembley.

Het Bestuur, September 1972



Neerlandia Clubhouse November 1973.

Neerlandia Clubhouse Nostalgia



Neerlandia Clubhouse September 1980. Notice the small parking area. But that was no problem at that time as free parking was available at the BP garage next door, on both sides of Cambridge Street as well as in all the side streets.

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PLATINUM REALTY GROUP

Club House for sale, November 2015.

De Jeugd Van Vroeger (DJVV)

De Jeugd Van Vroeger (DJVV)

With the last, DJVV get-together event coming up on the 10th of December, which is also our Christmas Party, we, the Committee of the DJVV, would hereby like to express our sincere **THANK YOU** to our kitchen staff, Louis and Gerry James, Anne Voorn and Dora van der List, ably assisted by many others, who over many years now, have been preparing our much appreciated lunches at our Dutch Club.

Many of us may not realise that in order to prepare our lunches on the Thursday, they have to leave their home by about 7am in the morning in the Bertram area, way South, beating heavy traffic. And they have been doing this for many year

Again on behalf of the Committee and all the “Jeugd van Vroegers”:

THANK YOU LOUIS, GERRY, ANNE and DORA!!!!!!!!!!!!!!!!!!!!!!

Thursday 22th October.



Thursday 5th November.





December '15

CURA IN-HOME CARE NEWSLETTER

The Official Publication of Dutch Aged Care Western Australia Inc.
Trading as Cura In-Home Care

DUTCH AGED CARE (WA) INC

CHAIRMAN'S ANNUAL REPORT PRESENTED AT THE 2014/15 AGM

Welcome Ladies and Gentlemen, to this our AGM for the year 2014/15.

As in previous years I will provide you with a brief overview of our activities our results and achievements, over the last twelve months, our Managers will report in greater detail on their specific areas of responsibility.

With the total conversion to CDC or Consumer Directed Care as from July 15 parts of our program operated under a split system, new clients coming on board from July 14 onwards were managed under CDC, the existing base operated under the old plan of CACP and were converted when appropriate and at the client's convenience, to minimize disruption to their routine. We need to acknowledge the supreme efforts of the Care team, who made this happen, whilst themselves still learning the system and coping with the high levels of new Policies, Procedures and the paper work required, they completed the task well before the due date.

Following notice that our landlord, Dutch Society Neerlandia, intended to vacate their premises by late 2015, a subgroup within our Board was asked to investigate and identify a future site suitable as a operational center with the capacity to accommodate up to twelve staff.

Several locations were identified and visited, price was a major factor in our study as the purchase needed to be within current cash reserves. A near new building 13 months old, was then found in a commercial precinct in Welshpool Road East Victoria Park, the property was subject to an existing Lease with tenancy to December 2015. This suited us as our existing Lease with Neerlandia terminates about the same time and meanwhile it would provide some additional rental income for us. The Property settled in November 2014.

As a part of our ongoing review and establishing our identity as a Provider of Aged Care Services for people from Culturally and Linguistically Diverse (CALD) Backgrounds, we introduced in February 2015 the new and colourful CURA in Home Care brand and logo's, supported by new Brochures & Leaflets, promotions and advertising directed to our Germanic target market.

In this year's ACAR round we have again applied for more packages, with entry into level three as a new program providing the higher care levels to our new and existing consumers. In closing would like to recognise my fellow Board Members and thank them for their ongoing support and wisdom, our Staff of the Care team and the Admin Support.

Believe me there is a light at the end of the tunnel and we will get there, thank you for all your efforts, our support workers and our volunteers thank you all in helping us care for the elderly and frail in our communities.

Henri. Koldenhoven
Chairman.



New Staff member Pauline.

A brief introduction of myself, Pauline:
I joined Cura In-home Care in late August 2015 as their Financial Controller.
I completed by Diploma of Business Studies in 1998 at Perth TAFE and have been working as a Bookkeeper at various companies in Western Australia ever since.
In 2014 I undertook a dual qualification at Applied Education, completing my Certificate IV in Bookkeeping and Certificate IV of Accounting.

I am the youngest of five children and have lived in the Northern suburbs of Perth my whole life, with my Dutch connection coming from my Mother, who immigrated to Australia from Utrecht in The Netherlands.
Outside of work I spend a lot of time with my two children, Ashlee (10) and Thomas (9), we love to spend time at the beach, taking our dog out for long walks and baking cakes; The two of them certainly keep me on my toes.
I spend the rest of my free time with family and friends going to BBQ's, the movies, music concerts and festivals.
I look forward to meeting you all.

Happy Birthday.

Mrs Lingius, one of our clients, celebrated her 100th Birthday on the 1st of November.

Our support Co-ordinator, Claudia, visited her on the 2nd of November with a card and flowers from CARA.

I arrived during Care hours and our Support Worker Rachelle was already there.

Mrs Lingius sat in her chair surrounded by flowers and Birthday Cards.

She was very happy to receive tulips from CURA and she would like to thank everybody.
She said that she cannot believe that she is 100 years old, as she doesn't feel like it.

She looked really well and had a great day on her actual birthday, which was the previous day, with family and a lot of visitors.

There were also Birthday Cards from the Queen, our Prime Minister and the WA Premier.
What an amazing Lady "our Trijntje" is.
Claudia



Support co-ordinator and Mrs Lingius

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Asst. Editor: Pieter Leeftang

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**Renewal subscription for the period from
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The principal aim of Dutch Aged Care (WA) Inc shall be to assist in maintaining or improving the quality of life of persons who are aged and living in the Perth (WA) metropolitan area and who identify with the Dutch or German speaking culture.

ARE WE THE ONES WITH DEMENTIA? ARE WE THE ONES WHO ARE AGING?

Recently, I went to McDonald's and I saw on the menu that you could have an order of 6, 9 or 12 Chicken Nuggets. I asked for a half dozen nuggets. 'We don't have half dozen nuggets,' said the teenager at the counter. 'You don't?' I replied. 'We only have six, nine, or twelve,' was the reply. 'So I can't order a half dozen nuggets, but I can order six?' 'That's right.' So I shook my head and ordered six Nuggets (Unbelievable but sadly true...)

I was checking out at the local K-Mart with just a few items and the lady behind me put her things on the belt close to mine. I picked up one of those dividers that they keep by the cash register and placed it between our things so they wouldn't get mixed. After the girl had scanned all of my items, she picked up the divider, looking it all over for the bar code so she could scan it. Not finding the bar code, she said to me, 'Do you know how much this is?' I said to her 'I've changed my mind; I don't think I'll buy that today.' She said 'OK,' and I paid her for the things and left. She had no clue to what had just happened. (But the lady behind me had a big smirk on her face as I left)

Several years ago, we had a typist who was none too swift. One day she was typing and turned to a secretary and said, 'I'm almost out of typing paper. What do I do?' 'Just use paper from the photocopier', the secretary told her. With that, the intern took her last remaining blank piece of paper, put it on the photocopier and proceeded to make five blank copies. A Brunette, by the way!!

When You Drink Water with Lemon

Including lemon to water not just quenches thirst better than other beverage, however it also nourishes our body with vitamins, minerals and trace elements which we absolutely require. Lemon with water can be considered the best natural energy booster.

When we get up in the early morning, our bodily tissues are dehydrated and need water to press out toxins and renew the cells. Simply puts, this homemade "lemonade" helps eliminate internal contaminants, regulating proper kidney and digestive system functions by competing them to work as efficiently as possible.

Following are 20 Unbelievable Reasons To Start Your Day With Water and Lemon

1. Water with lemon offers the body with electrolytes which hydrate your body. As lemons consist of excellent quantity of electrolytes such as potassium, calcium and magnesium.
2. Water with lemon is good for the joints, reducing discomfort in the joints and muscles.
3. Warm water with lemon assists digestion as lemon includes citric acid. It connects with other enzymes and acids which easily promote the secretion of gastric juice and food digestion.
4. The liver produces more enzymes from water with lemon than from other food.
5. Water with lemon cleanses the liver. Lemon juice promotes the liver to launch contaminants.
6. Water with Lemon helps combat infections of the breathing system, aching throats and inflammation of the tonsils. This is because of the anti-inflammatory homes of lemon.
7. Warm water with lemon assists manage natural defecation.
8. Water with lemon is important for the normal work of metabolic process. Because lemon is an effective anti-oxidant, it safeguards the body from totally free radicals and enhances the body immune

system.

9. Water with lemon aids in proper functioning of the nerves (as lemon has a high content of potassium). Depression and anxiety are often the outcome of low levels of potassium in the blood. The nerves needs a sufficient amount of potassium to make sure sustainable signals to the heart.

10. Water with lemon cleanses blood, capillary and arteries.

11. Water with lemon can assist lower blood pressure. A daily consumption of one lemon can minimize high blood pressure by 10 %.

12. Water with lemon produces an alkalizing effect in the body. Even if you consume it right away prior to a dish, it can assist your body preserve a higher level of pH. The higher the pH, the more your body has the ability to combat diseases.

13. Water with lemon is good for the skin. Vitamin C in lemon, enhances our skin by renewing the body. Drinking water with lemon regularly (every early morning) will improve the condition of your skin.

14. Water with lemon assists to dilute uric acid, the built up which causes pain in the joints and gout pain.

15. Water with lemon is useful for pregnant females. Given that lemons are packed with Vitamin C, it acts as an adaptogen helping the body handle viruses such as colds. In addition, vitamin C helps the formation of bone tissue of the unborn infant. At the very same time, due to the high content of potassium, a mixture of water with lemon helps forming cells of the brain and nervous system of the infant.

16. Water with lemon eases heartburn. For this, mix a teaspoon of lemon juice in half a glass of water.

17. Water with lemon assists dissolve gallstones, kidney stones, pancreatic stones, and calcium deposits.

18. Water with lemon helps with weight reduction. Lemons contain pectin fibre, which helps reduce appetite food cravings. Researches have actually shown people with a much better alkaline diet have dropped weight quicker.

19. Water with lemon helps with tooth discomfort and gingivitis.

20. Water with lemon avoids cancer. This is due to the fact that lemons are an extremely alkaline food. Numerous research studies have actually found that cancer can not grow in an alkaline environment. You need to drink water with lemon first thing in the early morning on an empty tummy. Some recommend a drink of water one hour before eating for maximum outcomes.

So, when life offers you a lot of lemons, make water with lemons.9. Water with lemon aids in proper functioning of the nerves (as lemon has a high

CONGRATULATIONS!
THE FOLLOWING ARE
NOW MEMBERS OF
THE DUTCH SOCIETY
NEERLANDIA

John Pericles

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So, when someone offers you a lot of lemons, make water with lemons.

(From the internet. This means no guarantee of accuracy or benefits, Editor)

Sunday Klaverjas Drive held on the 1st of November.

On Sunday the 1st of November we organised yet another one of those popular Sunday Klaverjas Drives.

Gerry Creemers had returned from cruising on the high seas and was the organiser once again.

The first players started to arrive about 10am and socialised while enjoying a cup of coffee. Exactly 20 players turned up which meant there were 5 playing groups,

At exactly 11am play started.

After a fierce competition the score cards were checked and the winners announced.

Interesting to note that we had a run-away winner, who also won last month! Well done Elly!

And the second placegetter was third last month!

Come on men, you can do better than that.

The fourth prize, a boobie prize, which was a "Speculaasje", went to Jan Lagerwey, who felt hard done by as he just missed out on the prizes and the last time he was a winner, no photos were taken.

Prize Winners:

1st prize:	Elly Schenkelaars	7321 points
2nd Prize:	Ann Verhoogt	6767 points
3rd prize:	Piet Segers	6589 points
4th	Jan Lagerwey	6562 points

For those that did not get a good score, better luck next time.

The last Klaverjas drive of the year will be held on Sunday the 6th of December.

This will also be the very last Klaverjas Drive ever held in the Neerlandia Clubhouse, as in February we will resume our Sunday Drives at the Rhein Donau Club, North Lake Road, Myaree.

We look forward to see you all again on those days.

Gerry Creemers,
organiser



The Winners: (l.t.r.) Piet Segers 3rd prize; Ann Verhoogt, 2nd prize; Elly Schenkelaars 1st prize and Jan Lagerwey the Boobie prize.

SALE OF NEERLANDIA MEMORABILIA

All Neerlandia Members and other
interested parties

are given the opportunity to obtain
Neerlandia Memorabilia

Cash and Carry Sale on
Tuesday 15 December 2015

and on

Wednesday 16 December 2015

From 10 am to 4pm

**Cash payments, Card Payments and
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Items have to be taken home on the day

For more details please contact:

Tony Horsten on tonhorst07@gmail.com

Or Lianna Parker on

lianna_parker@bigpond.com

If there are particular items that you are
interested in, or items that have
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What makes you think



the kid is mine?

DE NEERLANDIA WINKEL

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- Bitterballen, kroketten & frikandellen.
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- Ontbijtkoek, gemberkoek, kandijkoek, stroopwafels, gesorteerde koekjes & beschuit
- Zoute drop
- Groenten in blik en in glazen potten
- Gestampde muisjes, hagelslag, fruithagel & chocolade vlokken
- Amandelkoeken, kano's, amsterdammers & speculaasjes en speculaasbrokken
- Een sortering van andere koekjes

Important news: Mackerel is still in stock again but Herring is not available

De Neerlandia Winkel is open op de volgende dagen:

Elke woensdag	van 10.00 am - 1.00 pm
Elke tweede donderdag (DJVV week)	van 11.00 am - 2.00 pm
Elke donderdagavond	van 10.00 pm - 11.00 pm
De meeste vrijdagen	van 10.00 am - noon

(We adviseren dat u de club van te voren even belt op 9381 3738 om er zeker van te zijn dat de winkel open is.)

De Neerlandia winkel is bemand door vrijwilligers en daarom moeten de bovenstaande tijden een beetje ruim genomen worden

EPILEPTIC GOLDFISH.

Paddy goes to the vet with his goldfish.
"I think it's got epilepsy," he tells the vet.
Vet takes a look and says: "It seems calm enough to me."
Paddy says: "I haven't taken it out of the bowl yet."

TREES.

Paddy was driving home, drunk as a skunk, suddenly he has to swerve to avoid a tree, then another one, and then another one.
A cop car pulls him over as he was veering about all over the road.
Paddy tells the cop about all the trees in the road.
Cop says: "For gods sake, Paddy, that's your air freshener swinging about!"

SCUBA DIVING.

An answer I can understand. An American tourist asks an Irishman: "Why do scuba divers always fall backwards off their boats?"
To which the Irishman replies: "If they fell forwards, they'd still be in the bloody boat."

PERFECT SHOT.

Jake stood over his tee shot on the 450 yard 18th hole for what seemed an eternity. He waggled, looked up, looked down, waggled again, but didn't start his backswing.
Finally his exasperated partner asked: "What the heck is taking you so long?"
"My wife is watching me from the clubhouse balcony," Vic explained. "I want to make a perfect shot."
His companion said: "You don't have a chance in hell of hitting her from here!"

THREE TOUGH QUESTIONS.

Question 1:

It is time to elect a new world leader and only your vote counts:

Here are the facts about the three candidates.

Candidate A:

Associates with crooked politicians and consults with astrologists.
He's had two mistresses.
He also chain smokes.
And drinks 8 to 10 martinis a day.

Candidate B:

He was kicked out of office twice.
Sleeps until noon.
Used opium in college.
And drinks a quart of whiskey every evening.

Candidate C:

He is a decorated war hero.
He's a vegetarian.
Doesn't smoke.
Drinks an occasional beer.

And never committed adultery.
Which of these candidates would be your choice?

The Answer:

Candidate A is Franklin D. Roosevelt.
Candidate B is Winston Churchill.
Candidate C is Adolph Hitler.

Pretty interesting isn't it?
Makes a person think before judging someone.

Remember:
Amateurs ... Built the ark.
Professionals ... Built the Titanic

PIRATE.

A pirate walked into a bar and the bartender said: "Hey, I haven't seen you in a while. What happened? You look terrible."
"What do you mean?" said the pirate: "I feel fine."
"What about the wooden leg? You didn't have that before."
"Well," said the pirate: "We were in a fight and I got hit with a cannon ball, but I am fine now."
The bartender replied: "OK, but what about that hook? What happened to your hand?"
The pirate explained: "I was in another battle. I boarded a ship and got into a sword fight. My hand was cut off. I got fitted with a hook. But I'm fine now, really."
"What about that eye patch?"
"Oh," said the pirate. "One day we were at sea and a flock of birds flew over. I looked up and one of them dropped a surprise in my eye."
"You're kidding," said the bartender. "You couldn't lose an eye just from that."
"It was my first day with my hook."

THE PLAY.

A little boy gets home from school and says: "Dad, I've got a part in the school play as a man who's been married for 25 years."
His Dad replies: "Never mind son. Maybe next time you may get a speaking part."

SUNDAY PAPER.

"WHERE is my SUNDAY paper," yelled an irate customer, who called the newspaper office and she loudly demanded where her Sunday edition was.
"Ma'am," said the newspaper employee. "Today is Saturday."
The Sunday paper is not delivered until tomorrow, on Sunday."
There was quite a long pause on the other end of the phone, followed by a ray of recognition as she was heard to mutter: "Well, shivers .. so that's why no one was at church today."

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Sunday Klaverjas Drives.

De laatste Zondag Klaverjas Drive van 2015 word gehouden op 6 December.

Kosten: \$8.00 per persoon.

Kom gezellig Klaverjassen in het

Neerlandia
Clubhuis.

De prijzen zijn
"tegoed bonnen"
die u moet
besteden in onze
winkel.



Lunch en 2 kopjes koffie zijn bij de
toegangs prijs
inbegrepen.

Aanvang 11.00 uur.
Iedereen die redelijk
kan klaverjassen is
meer dan welkom.



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The Seaside Town of Katwijk



Ommen's Flag & Coat of Arms.

Katwijk. The municipality of Katwijk is the amalgamation of 4 villages, Katwijk aan Zee, Katwijk aan den Rijn, Rijnsburg and Valkenburg.

Early history.

The name "Katwijk" probably has its origins in the name of a Germanic tribe called the Chatten (Chatti).

The Dutch word "wijk" means "area", so the name

probably meant something like "the Chatti area".

In Roman times, Katwijk was a place of strategic importance. It was located at the Roman Empire's northern border, at the mouth of the Rhine river, which in Roman times was much larger than what it is today. There was a good deal of traffic along the Rhine. Katwijk was also a jumping-off point for the voyage to Britain. Built during the reign of Emperor Claudius (41–54), the town's name was Lugdunum.

After the Romans left, the settlement was abandoned and the area largely depopulated, except for small, isolated groups of Frisians, eking out a living along the changing coast.

Starting around the 12th century the population began to grow. In 1231, the first reference to Catwijk appeared in the records. At this time Katwijk aan Zee was little more than a few wooden houses.

A reference to a fish market on the beach appeared in the records around 150 years later. In 1388, the fish market was moved from Katwijk aan den Rijn to Katwijk aan Zee. Katwijk aan Zee and Katwijk aan den Rijn are part of the same municipality, but they have been administratively joined for centuries.

In 1520 a Roman ruin known as Brittenburg emerged from the shifting sands on the beach just south of the mouth of the Oude Rijn, much to everyone's astonishment. It became the subject of a number of prints and paintings. It was square in shape, each side measuring 75 m, and the ruins stood about 3 m high. Eventually it disappeared back under the shifting sands.

Attempts have been made to find it again, but to no avail.

Tourist Attractions



Katwijk's popular Beach.

Katwijk is a seaside resort with a wide sandy beach. Its attractiveness is mainly due to its laid-back atmosphere. The boulevard along the shore is not spoiled by large hotels or apartment blocks and has not given in to an excessive commercialisation. Although most buildings



Katwijk in the early days before the streets were paved.



Beach Cubicles.

The Seaside Town of Katwijk



Panoramic view of Katwijk aan Zee.

lining the boulevard are tourist apartments and pensions, most are just three floors high (and none more than 5) and offer a distinctive 'feel' of the 1950s.



Museum.

Places of interest

Besides the beach, there are a few museums in Katwijk, like the old fisherman's Museum, Katwijks Museum and the Spinoza Museum.

A few kilometres inland is the Lake Valkenburg Steam Train, a narrow gauge Railway Museum where a scenic steam locomotive driven train ride can be taken around Lake Valkenburg. Katwijk has many hotels and three camping areas, mostly situated in the dunes.



The blue Tram.

The Blue Tram

The Blue Tram used to run from Leiden via Katwijk to Noordwijk and this service started in 1861 and was discontinued on the 7th of October 1960.

Over the last 30 years volunteers have worked hard to restore the equipment and have finally met with success. On special occasions it does run again.

Underground parking areas under the dunes.

This solved two problems at once. It provided essential parking and it assisted with the stabilisation of the dunes.



Carparks under the dunes.

Compiled from the internet by Pieter Leeftang.



Main street.



Prins Hendrik Canal.



Lighthouse.

Codebreaker and Sudoku Puzzles

23	13	16	10	13		14	19	9	D	16	N	13	A	20	20	18	8
15		18		11		2		13		9		19		2			2
12	13	18	23	10	8	2		12	19	12	19	5	8	17			
20		9				14				19		5		13			
10	15	24	19	20		17	13	5	6	10		2	26	24			
15		18		19				13				24					
2	9	9		3	15	13	19	24		21	2	2	12	23			
15				15		16		17		2				13			
23	15	18	9	18		22	19	25	18	16		4	2	25			
		25				19				18		8		19			
7	2	10		12	2	24	13	8		9	26	13	8	11			
15		8		2				15				22		8			
24	13	15	16	9	8	17		12	13	23	5	13	8	13			
18		9		18		18		4		20		9		1			
20	16	18	15	12	2	16	19	13		13	4	2	22	18			

~~A~~ B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1	2	3	4	5	6	7	8	9	D	10	11	12	13	A
14	15	16	17	18	19	20	21	22	23	24	25	26		
		N												

Sudoku Puzzles

The aim of the Sudoku Puzzle is to insert numbers 1-9 in the each row and column, but each 3x3 box must also contain a complete set of numbers 1-9.

Sudoku - Easy #08

2			6	1		3	7	8
			9			1		
		1		3	7			5
		5	1	4		2		3
9		2		8		4		
8	4			7				
					4	7	5	
	5			9		8	1	

Sudoku - Moderate #8

6			7	2			3	1
	3	5	1	6	9	8		
9				8				
	5	6		9				
		1					7	
3	4		5			2		
		8	6		3	7	5	
	7			5				3
							8	

CODEBREAKER PUZZLE

A **Codebreaker** is a crossword puzzle with no clues! Every letter of the alphabet has been replaced by a number, the same number represents the same letter always.

For this puzzle only the **first three** letters are revealed. Start with entering these letters throughout the puzzle first and then start guessing your first word.

If you are unsure, use a pencil to start, then if it does not work out you can erase and start again.

The last Codebreaker was not easy but once you found the words "Garbage and Aboriginal," you were well on the way to complete it.

The solution of the last month's Codebreaker was:

A=26; B=24; C=6; D=1; E=20; F=23; G=17; H=13; I=2; J=19; K=12; L=16; M=21; N=22; O=4; P=15; Q=8; R=9; S=25; T=5; U=3; V=7; W=11; X=14; Y=10; Z=18.

Last month's Easy Sudoku solution

1	8	4	2	5	9	3	7	6
9	3	6	8	1	7	4	2	5
5	7	2	4	6	3	8	9	1
6	9	3	1	2	4	5	8	7
8	1	7	3	9	5	6	4	2
2	4	5	6	7	8	9	1	3
4	5	8	7	3	2	1	6	9
7	6	9	5	4	1	2	3	8
3	2	1	9	8	6	7	5	4

Last month's Moderate Sudoku solution

8	1	6	5	2	7	9	3	4
9	7	3	6	8	4	1	2	5
2	4	5	9	1	3	6	8	7
7	5	2	3	4	9	8	6	1
3	6	8	7	5	1	2	4	9
1	9	4	2	6	8	7	5	3
4	2	1	8	7	5	3	9	6
5	8	9	1	3	6	4	7	2
6	3	7	4	9	2	5	1	8

Club Information & Links to Dutch Organisations

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Website: www.dutchclubwa.com

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Contacts: Lianna Parker 0437 629 635

LINKS TO OTHER DUTCH ORGANISATIONS:

CONSULATE OF THE NETHERLANDS IN WA

Hon. Consul Mr. Arnold J. Stroobach Office, 1139 Hay Street
WEST PERTH WA 6005

Tel: (08) 9486 1579
Website: www.mfa.nl/can
E-mail: perth.consulate@netherlands.org.au
Opening hours: Mon, Thu & Fri from 9.30 am—1.00 pm
Applications accepted by appointment only.

DUTCH COMMUNITY RADIO IN WA 6EBA 95.3 FM

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E-mail: dutchradio@iinet.net.au
Website: www.dutchradioperth.com
Uitzending: elke Zondag 14 – 15.30 uur. (Studio: 9227 5953)

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Uitzending: Wed & Sat 10.00 am, Mon 12 noon -1.00 pm

DUTCH AGED CARE (WA) Inc.,

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admin@cura-inhomecare.org.au
Website: cura-inhomecare.org.au
Kantor: 230 Cambridge Street, Wembley 6014
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Kantor uren: Maandag – Vrijdag 9:30 – 14:30 uur

Membership application forms can be obtained from our clubhouse situated at: 230 Cambridge Street Wembley. Details how to become a member and Membership Application Forms can also be downloaded from our Website: www.dutchclubwa.com

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ANSWA (ASS. NETH. SOCIETIES IN WA)

Information: Anne Rietveld 9301 1936

Australian Dutch Business Community in WA-ADBC

1139 Hay Street West Perth, WA 6005

DE NEDERLANDSE SCHOOL IN PERTH "LanguageOne Perth"

Information: Wilna Cornelisse: 041 718 5617 or 9245 1716

E-mail: perth@languageone.nl

DE NEDERLANDSTALIGE SPEELGROEP IN COTTESLOE

Information: Marieke van den Berg
E-mail: dutchplaygroupperth@hotmail.com
Website: <https://www.facebook.com/pages/Dutch-Playgroup-Perth/210093352389116>

Holland Focus (Dutch Australian Bi-Monthly)

P.O. Box 169 Olinda Victoria 3788

NEERLANDIA KLAVERJAS & BOLIVIA CLUB

Information: Murray Koedijk 9337 6923
Clubhuis Donderdag avond van 19.45 – 23.00

WOENSDAG KAART CLUB

Information: Freda Hovingh, president 9448 0240
Clubhuis Woensdags van 10.00–14.00 uur.

DE JEUGD VAN VROEGER (DJVV)

Information: Wilma Mitchell 9359 1972
Donderdags om de veertien dagen
10:30-15.00 uur

SUNDAY KLAVERJAS DRIVES

Information: Gerry Creemers 9356 4207

THE DUTCH SINGERS

Information: Alida Reitzenstein 041 799 4813
E-mail: alreitzenstein@iinet.net.au

END OF THE MONTH DRINKS

Information: Lianna Parker 0437 629 635
De laatste Vrijdag van de maand 5.30 – 9.00 uur

THE DUTCH LUNCH CLUB

Contact: Nel Ottenhoff 9364 9474

THE DUTCH CLOG DANCERS

For Nursing Home performances only
Hanny Kamps 9457 2548

NEERLANDIA PHILATELIC SOCIETY

For any information, valuations etc. please contact:
Arnold Giltay 9349 7901

HOLLANDIA BILJART CLUB

Clubhouse: 128 Crystal Brook Rd., Wattle Grove
Information: Pieter Leeflang, secretary 9417 3735

MANDURAH KLAVERJAS CLUB

Information: Theo Baars 9534 5366
Donderdagmiddag in Mandurah vanaf 13:00 uur

DE HOLLANDSE FIETSEN CLUB.

Information: Frans Indrisie 9242 2139

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Information: Thea Bloks 9446 4867
Bill van Heumen 9377 4287

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